



Life at SOMERBY

A MONTHLY INFORMATION SHARING NEWSLETTER BY SOMERBY SANTA ROSA BEACH



FLORENCE MASTRIION

Florence Mastrion was born in Brooklyn, New York, on December 16, 1919, to parents from Naples, Italy. The youngest in a family of nine siblings, she loved to sew fashionable dresses and sing and dance. She enjoyed the beach, Nathan's hot dogs, bagels and bialys, and fun trips to Coney and Staten Islands. Florence met her husband at a Social Club in Brooklyn, and they were married on January 23, 1944. Florence retired from ER Squibb and Company, but she continued to work at Continental Insurance on Wall Street. She also enjoyed a short stint on Broadway selling movie tickets. Always independent, Florence learned to drive and enjoyed going to the movies and taking her friends to Chinatown. Vacations were spent in upstate New York at Tivoli and Newburg. She enjoyed taking cruises aboard the ships that sailed from Manhattan. She enjoyed her airplane trips on TWA, the company from which her husband retired. She loved first class privileges and short hops to London, Israel, Italy, and Spain.

Family retirement brought Florence to Santa Rosa Beach where she loves watching iPhone videos of her great grandson, FaceTime with family, a good game of poker and bingo, and her glass of wine at dinner. Always the observer, Florence does not hesitate to comment and share suggestions. Her concern for neighbors is duly noted. She looks forward to weekly visits to the hairdresser and occasional manicures and pedicures – and Chico's is her favorite place to shop! Florence is delighted with her family's choice of Somerby as her home and is still discovering and enjoying the porches, sitting areas, and private spaces to relax and watch the things going on in our busy community.

I hope you all enjoyed your spring season here at Somerby. The weather has been beautiful this spring and actually seems to have been a little cooler than usual through the end of June. I'm sure that we have some really hot days coming as we move into July and then on into the "dog days" of summer. It's hard to believe that we are now half way through the year!

As you may have noticed, we have made some changes to the landscape this spring. The two large beds between the parking lot and the building have been removed and replaced with sod. It is beautiful and seems to be growing very well. We have also added some color to the front of the building by adding some pretty, seasonal flowers. You may have also noticed that we replaced a couple of palm trees in front of the building. The grounds are looking great and I hope that you are able to enjoy them as you get out daily.

This year we have had some really exciting things going on here at our community. You can look forward to more of the same as we move into the second half of the year. We will have activities and events centered around various themes throughout the rest of the year starting with America this month, Wonders of the World in August, and Technology in September.

Some of the events for July will include an Independence Day celebration, the Somerby Concert series, Jim & Nick's, Musical Mondays, Corn Hole and "America's Treasures." Make sure that you are checking your activity calendars daily!

In closing, I would like to thank you all for your continued support of Somerby. We have the best Residents and Family members around, right here in Santa Rosa Beach. It is my pleasure to be a part of your community.

Ann McCannon
Executive Director

SOMERBY MOMENTS



NOW SHOWING

SOMERBY SUNDAY SERVICES

Presented by Destiny Worship Center
Sundays at 11:30 a.m. in Memory Care
Join your neighbors and families of Destiny Worship Center for a morning of motivation and enlightenment.

SOMERBY BIBLE STUDY

Mondays at 11:00 a.m.
Private Dining Room
Explore and discuss the life of Jesus together

SHORT STORY READING GROUP

Wednesdays at 1:30 p.m.
AL 3
Chicken Soup for the Senior Soul. Join your neighbors for an hour of reading and discussing short stories from this encouraging book for Senior adults.

NEW RESIDENT MIX AND MINGLE

Thursdays on the Patio (weather permitting) 4:00 p.m.
Mix with your neighbors and introduce yourself to the newcomers in our community. Select mixed cocktails will be served.

MUSIC OF THE MASTERS

Thursdays at 7:00 p.m. in the Somerby Room and on In-House Channel 16.2

- July 7** Johnny Cash
A Man in Black
- July 14** Elvis
The 25th Anniversary Concert
- July 21** Conway Twitty
Greatest Hits Live
- July 28** Frank Sinatra
A Concert for the Americas

ARM CHAIR TRAVEL CLUB

Fridays at 2:00 pm
Somerby Room
Take a journey exploring America's National Treasures every Tuesday at 2:00 pm. We will journey through the ecology, geology, and beauty of the Great Plains, the Geologic West, and the Historic South.

SOMERBY CONCERT SERIES

Join us on Sundays in the Lobby for the best live music that Santa Rosa Beach has to offer. Watch the Daily Sheets for the schedule of entertainers such as Chuck Lawson, David Seering, David Ott and the Oches.

4TH OF JULY CELEBRATION! MONDAY, JULY 4

12:00 p.m. on the Patio
Celebrate with us America's Birthday! Invite your family to enjoy wonderful ribs, live country music by Roy Hill, and ice cold beer!

MUSICAL MONDAYS

7:00 p.m. in the Somerby Room or on In House Channel 16.2

- June 6** Grease
- June 13** Chitty Chitty Bang Bang
- June 20** Mamma Mia!
- June 27** Chicago

MATINEES

Saturdays at 1:30 p.m. in the Somerby Room.
Complimentary popcorn and soft drinks are provided for your enjoyment!



Independence Day - July 2

PLEASE NOTE: Due to the length of this movie it will not be shown in the Somerby Room. It will be available in all neighborhoods and on channel 16.1. The aliens are coming and their goal is to invade and destroy Earth. Fighting superior technology, mankind's best weapon is the will to survive.

Stars:
Will Smith, Bill Pullman, Jeff Goldblum

(1996) PG-13 2 hour 25 minutes



Dave - July 23

To avoid a potentially explosive scandal when the U.S. President goes into a coma, an affable temp agency owner with an uncanny resemblance is put in his place.

Stars:
Kevin Kline, Sigourney Weaver, Frank Langella

(1993) PG-13 ComedyRomance 1 hr.50 m



A Walk in the Woods - July 9

After spending two decades in England, Bill Bryson returns to the U.S., where he decides the best way to connect with his homeland is to hike the Appalachian Trail with one of his oldest friends.

Stars:
Robert Redford, Nick Nolte, Emma Thompson

2015 R Drama film/Biography 1h 44m



All the Presidents' Men - July 30

The Washington Post reporters Bob Woodward and Carl Bernstein uncover the details of the Watergate scandal that leads to President Richard Nixon's resignation.

Stars:
Dustin Hoffman, Robert Redford, Jack Warden |

(1976) PG-13 2hr 18 min Biography Drama History



Nights in Rodanthe - July 16

A doctor who is traveling to see his estranged son sparks with an unhappily married woman at a North Carolina inn.

Stars:
Diane Lane, Richard Gere, Christopher Meloni

2008 PG13 1hr 37 m

JULY BIRTHDAYS

- 1** Katherine Shaw
- 6** Jeanne Trufant
- 11** Peter Trodd
- 19** Gary Light
- 22** Virginia Smith

ON THE ROAD AGAIN



ALAQUA ANIMAL REFUGE
Wednesday, July 6
at 11:15 a.m.

Alaqua Animal Refuge – an independent, nonprofit organization that advocates the general welfare and humane treatment of animals by providing shelter, prevention of pet overpopulation and adoption services. Jump aboard the bus as we make our monthly visit to this remarkable refuge.

OUT TO THE MOVIES
Wednesday, July 13
at 12:30 p.m.



Everybody loves going to the movies! Jump on board the bus for the Grand Theater to catch one of the current movies playing. Movie to be announced.

OUT TO EAT:
JIM & NICKS BARBECUE
Wednesday, July 20
11:00 a.m.



Laid-back chain known for slow-cooked BBQ & cheese biscuits, plus burgers, salads & classic sides. From \$8.75 and up.

PUTT PUTT GOLF AT THE GOLF GARDEN
Wednesday, July 27
10:00 a.m.



This activity requires good mobility. \$7.00 per person. This course is relatively flat and partially shaded. Wear comfortable shoes and light clothing.

SHUTTLE SERVICES



DOCTOR VISITS
Tuesdays and Thursdays
9:00 a.m. until 3:00 p.m.

Complimentary rides to doctor visits are offered on Tuesdays and Thursdays within 10 miles of Somerby. To take advantage of this shuttle service, please call the Concierge Desk to schedule your

trip. All requests must be received 48 hours prior to the date of your appointment.

SHOPPING
Fridays at 11:00 a.m.

First Friday	Grand Blvd.
Second Friday	The Commons
Third Friday	The Sands Outlet
Fourth Friday	Beall's
Fifth Friday	Dollar General

GROCERY SHOPPING
Mondays at 1:30 p.m.

Sign up by 10:00 a.m. at the Concierge Desk to reserve your seat on the bus.



Publix
First Monday

Winn-Dixie
Second Monday

Walmart
Third Monday

Fresh Market
Fourth Monday